

June 2020

Country Connection

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Celebrating June

Foster a Pet Month

Great Outdoors Month

Soul Food Month

Yo-Yo Day

June 6

Flag Day: U.S.

June 14

National Go Fishing Day

June 18

Father's Day Car Parade

June 20

Father's Day

June 21

National Bomb Pop Day

June 25

HAPPY FATHER'S DAY!

Father's Day Cookout

June 19th

12pm

The Country Manor team will be grilling the favorites to celebrate the Country Manor dads!

Classic Car Parade

June 20th

TBD

Dads love cars! We'll be hosting a classic car parade!

Please let Miranda know if you'd like to participate virtually in our Father's Day activities!

The Making of a Man

Not only is June 21 Father's Day, but June is Men's Health Month. All June long, we are asked to honor the men in our lives: dads, husbands, brothers, and uncles. Ironically, research suggests that men may be unsure of how best to honor themselves, partly because some men are questioning traditional definitions of manhood.

The strong silent type. A man of action and not words. The breadwinner. The jock. The buffoon. All of these are common male stereotypes. And while working hard, enjoying sports, and joking around are certainly positive qualities, some psychologists argue that American society tends to overemphasize qualities of toughness, self-reliance, material wealth, and emotional detachment in boys and men. Qualities such as willingness to compromise, showing vulnerability, expressing emotions, and nurturing others are viewed as feminine and signs of weakness. This wasn't always so. In the late 19th century, men were expected to be compassionate caretakers. But when the bulk of men's work moved from the homestead to the factory, masculine ideals began to shift. In fact, the Boy Scouts were founded in 1910 to reinforce those qualities of loyalty, courteousness, and kindness that were feared to be lost. Many men today share similar fears.



Groups of men all across the country, such as Philadelphia's Masculinity Action Project and the global ManKind Project, are attempting to promote "healthier masculinity." They hope to keep all of the positive traits of manliness while throwing out characteristics that are harmful. While some critics have gone so far as to call this a "war" on traditional masculinity, many men in these groups feel better about themselves: they have better relationships, stronger core values, and better mental health. These men are not only becoming, in their eyes, better men but they are becoming better humans. Furthermore, when these men understand and define what makes them positive male role models, they are better equipped to pass those traits along to younger generations.

Ladies' Day at the Ballpark



During the early years of baseball, the game was geared toward an audience of men, for many during that narrow-minded era believed that the rules of baseball were just too difficult for women to

understand. That is, until 1883 when the New York Gothams (soon to be Giants) hosted the first "Ladies' Day" at the Polo Grounds, where women were admitted free of charge. Baseball player, manager, and pioneer Abner Powell would later capitalize on this promotion when his own New Orleans Pelicans struggled to draw crowds. Powell held Ladies' Days every week throughout the season. His reasoning? Not only would it expand the game's audience but the presence of women would discourage unruly behavior.



JUNE 8---JUNE 15TH

GLENN 5---JUNE 27TH