

JUNE 2019

# Country Manor Connections

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## *This Month at Country Manor:*

### **Celebrating June**

**Wellness Day**  
*June 5<sup>th</sup>*

**Men's Health Week**  
*June 12-18*

**Music with Troy**  
*June 11<sup>th</sup>*

**Flag Day**  
*June 14<sup>th</sup>*

**Father's Day**  
*June 16<sup>th</sup>*

**Summer Solstice**  
The Longest Day of the Year  
*June 21<sup>st</sup>*

**Take Your Dog to Work Day**  
*June 23<sup>rd</sup>*



***Elderly Scam Prevention with Davenport Police***  
***June 11<sup>th</sup> at 6pm***

Visit our community and learn how to avoid scams targeted to seniors.



***Donuts with Dad***  
***June 14<sup>th</sup> at 10am***

Celebrate Father's Day with us and enjoy donuts and other pastries.



dieti.net

***Longest Day***  
***June 21<sup>st</sup> at 10am***

The "Longest Day" fundraiser is an event hosted by the Alzheimer's Association to bring awareness to those living with dementia. Our residents will be hosting a lemonade stand and bake sale. We will be selling lunches to go as well. All proceeds will benefit the Alzheimer's Association.



alzheimer's association®

## Get our Newsletter via Email



Did you know you can receive the monthly newsletter by email? If you or someone you know wants to be added to our email list please let Miranda know.



Want to stay connected with Country Manor all the time? Like us on facebook to see photos of our most recent resident activities, updates at Country Manor, and social & educational events you can find us at in the community.

<https://www.facebook.com/countrymanormc/>

### Welcome, Samantha!

We're so excited to welcome Samantha back to the family as our new Life Enrichment Coordinator.



## Oh Say Can You See



This all-American holiday commemorates June 14<sup>th</sup> as the day in 1777 when the Second Continental Congress adopted the flag of the United States.

Known as "Old Glory," "Stars and Stripes," and the "Star-Spangled Banner," the flag has 13 equal horizontal stripes, alternating red and white, symbolizing the original thirteen colonies. The *canton*, the rectangle in the upper left-hand corner, is blue with 50 white stars, representing the 50 states, alternating in numbers of six and five per row.



June 22<sup>nd</sup> – Glenn Scherer, Resident

## SAVE THE DATE:



Held annually in more than 600 communities nationwide Walk to End Alzheimer's is the world's largest event to raise awareness and funds for Alzheimer's care, support and research.

This year's local Walk to End Alzheimer's event will be held on Saturday, September 28<sup>th</sup>. We encourage anyone who'd like to walk and represent Country Manor to let Miranda Kinsey know.