

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# Country Manor Memory Care

900 West 46<sup>th</sup> Street Davenport IA 52806 Phone: 563-391-1111  
[www.countrymanormc.com](http://www.countrymanormc.com)

						1	2
						8:00 Dolled Breakfast ~ Helping Hands 9:00 All Up 9:00-12:00 Manicure & Nail Care 10:30 Live 2B Healthy Fitness Class 12:00 Lunch ~ Helping Hands 2:00 Dr.Suess Day with Milk & Cookies 3:30 Snack & Chat 4:00 Table Task of Choice 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time Groups/TV	8:00 Breakfast ~ Helping Hands 9:00 All Dolled Up 10:30 Arts & Crafts 12:00 Lunch ~ Helping Hands 2:00 Live 2B Healthy Fitness Class 3:30 Snack & Chat 4:00 Table Task of Choice 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time Groups/TV
3	4	5	6	7	8	9	
8:00 Breakfast ~ Helping Hands 9:00 All Dolled Up 10:30 Sparkling Wine & Music 12:00 Lunch ~ Helping Hands 2:00 Bible Verses 3:30 Snack & Chat 4:00 Table Task of Choice 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time Groups/TV	8:00 Breakfast ~ Helping Hands 9:00 All Dolled Up 10:30 Pound Cakes & Decorations 12:00 Lunch ~ Helping Hands 2:00 Coloring 2:45 Music Therapy 3:30 Snack & Chat 4:00 Table Task of Choice 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time Groups/TV	8:00 Breakfast ~ Helping Hands 9:00 All Dolled Up 10:30 Resident Council 12:00 Lunch ~ Helping Hands 2:00 Cheese Tasting program 2:45 Music Therapy 3:30 Snack & Chat 4:00 Table Task of Choice 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time Groups/TV	8:00 Breakfast ~ Helping Hands 9:00 All Dolled Up 10:30 Jewel seek and find 12:00 Lunch ~ Helping Hands 2:00 Live 2B Healthy fitness class 3:30 Music Therapy 4:00 Table Task of Choice 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time Groups/TV	8:00 Breakfast ~ Helping Hands 9:00 All Dolled Up 10:30 Music with Alvin 12:00 Lunch ~ Helping Hands 2:00 food Crafts with Anika 3:30 Snack & Chat 4:00 Table Task of Choice 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time Groups/TV	8:00 Breakfast ~ Helping Hands 9:00 All Dolled Up 9:00-12:00 Manicure & Nail Care 12:00 Lunch ~ Helping Hands 1:30 Staff Inservice 2:00 Movie Matinee & Popcorn 3:30 Snack & Chat 4:00 Table Task of Choice 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time Groups/TV	8:00 Breakfast ~ Helping Hands 9:00 All Dolled Up 10:30 Basketball Toss 12:00 Lunch ~ Helping Hands 2:00 Live 2B fitness Healthy Class 3:30 Snack & Chat 4:00 Table Task of Choice 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time Groups/TV	
10	11	12	13	14	15	16	
8:00 Breakfast ~ Helping Hands 9:00 All Dolled Up 10:30 Bible Verses 12:00 Lunch ~ Helping Hands 2:00 Chair Exercises 3:30 Snack & Chat 4:00 Table Task of Choice 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time Groups/TV	8:00 Breakfast ~ Helping Hands 9:00 All Dolled Up 10:30 Johnny Apple Seed Program 12:00 Lunch ~ Helping Hands 2:00 Bible Verses 2:45 Music Therapy 3:30 Snack & Chat 4:00 Table Task of Choice 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time Groups/TV	8:00 Breakfast ~ Helping Hands 9:00 All Dolled Up 10:30 Planting Flowers 12:00 Lunch ~ Helping Hands 2:00 Puzzles & Coffee 3:30 Snack & Chat 4:00 Table Task of Choice 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time Groups/TV	8:00 Breakfast ~ Helping Hands 9:00 All Dolled Up 10:30 Music with Troy 12:00 Lunch ~ Helping Hands 2:00 Live 2B Healthy fitness class 3:30 Music Therapy 4:00 Table Task of Choice 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time Groups/TV	8:00 Breakfast ~ Helping Hands 9:00 All Dolled Up 10:30 Arts & Crafts 12:00 Lunch ~ Helping Hands 2:00 Challenging Mind 3:30 Snack & Chat 4:00 Table Task of Choice 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time Groups/TV	8:00 Breakfast ~ Helping Hands 9:00 All Dolled Up 9:00-12:00 Manicure & Nail Care 12:00 Lunch ~ Helping Hands 2:00 Bingo 3:30 Snack & Chat 4:00 Table Task of Choice 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time Groups/TV	8:00 Breakfast ~ Helping Hands 9:00 All Dolled Up 10:30 Balloon Ball Toss 12:00 Lunch ~ Helping Hands 2:00 Live 2B Fit Healthy Class 3:30 Snack & Chat 4:00 Table Task of Choice 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time Groups/TV	
17	18	19	20	21	22	23	
8:00 Breakfast ~ Helping Hands 9:00 All Dolled Up 10:30 Puzzles 12:00 Lunch ~ Helping Hands 2:00 St. Patty's Day Party 3:30 Snack & Chat 4:00 Table Task of Choice 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time Groups/TV	8:00 Breakfast ~ Helping Hands 9:00 All Dolled Up 10:30 Oat Meal Cookie Tasting 12:00 Lunch ~ Helping Hands 2:00 Trivia 2:45 Music Therapy 3:30 Snack & Chat 4:00 Table Task of Choice 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time Groups/TV	8:00 Breakfast ~ Helping Hands 9:00 All Dolled Up 10:30 Balloon Ball Toss 12:00 Lunch ~ Helping Hands 2:00 CNA Appreciation Day 3:30 Snack & Chat 4:00 Table Task of Choice 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time Groups/TV	8:00 Breakfast ~ Helping Hands 9:00 All Dolled Up 10:30 Spring Crafts 12:00 Lunch ~ Helping Hands 2:00 Live 2B Healthy fitness Class 3:30 Music Therapy 4:00 Table Task of Choice 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time Groups/TV	8:00 Breakfast ~ Helping Hands 9:00 All Dolled Up 10:30 Paul's Tunes 12:00 Lunch ~ Helping Hands 3:15 Good Old Days and Memory 3:30 Snack & Chat 4:00 Table Task of Choice 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time Groups/TV	8:00 Breakfast ~ Helping Hands 9:00 All Dolled Up 9:00-12:00 Manicure & Nail Care 12:00 Lunch ~ Helping Hands 1:30 Staff Inservice 2:00 Movie Matinee & Popcorn 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time Groups/TV	8:00 Breakfast ~ Helping Hands 9:00 All Dolled Up 10:30 Coloring 12:00 Lunch ~ Helping Hands 2:00 Live 2B Fit Healthy Class 3:30 Snack & Chat 4:00 Table Task of Choice 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time Groups/TV	
24	25	26	27	28	29	30	
8:00 Breakfast ~ Helping Hands 9:00 All Dolled Up 12:00 Lunch ~ Helping Hands 2:00 Movie & Popcorn 3:30 Snack & Chat 4:00 Table Task of Choice 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time Groups/TV	8:00 Breakfast ~ Helping Hands 9:00 All Dolled Up 10:30 Remembering Medals of Honor 12:00 Lunch ~ Helping Hands 2:00 Days of The 1940's 2:45 Music Therapy 4:00 Table Task of Choice 4:45 Family Support Group 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time Groups/TV	8:00 Breakfast ~ Helping Hands 9:00 All Dolled Up 10:30 Story Time with Anika 12:00 Lunch ~ Helping Hands 2:00 Celebrate March Birthdays 3:30 Snack & Chat 4:00 Table Task of Choice 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time Groups/TV	8:00 Breakfast ~ Helping Hands 9:00 All Dolled Up 10:30 Coffee and Donut 12:00 Lunch ~ Helping Hands 2:00 Live 2B Healthy fitness class 3:30 Music Therapy 4:00 Table Task of Choice 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time Groups/TV	8:00 Breakfast ~ Helping Hands 9:00 All Dolled Up 10:30 Fruit Kabobs 12:00 Lunch ~ Helping Hands 2:00 Movie & popcorn 3:30 Snack & Chat 4:00 Table Task of Choice 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time Groups/TV	8:00 Breakfast ~ Helping Hands 9:00 All Dolled Up 10:00-12:00 Manicure & Nail Care 12:00 Lunch Helping Hands 2:00 Remembering The Vietnam War 4:00 Table Tasks of Choice 5:00 supper ~ Helping Hands 6:00-8:00 Quiet Time Groups/TV	8:00 Breakfast ~ Helping Hands 9:00 All Dolled Up 10:30 Checkers 12:00 Lunch ~ Helping Hands 2:00 Live 2B Fit Healthy Class 3:30 Snack & Chat 4:00 Table Task of Choice 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time Groups/TV	