

Sunday

Monday

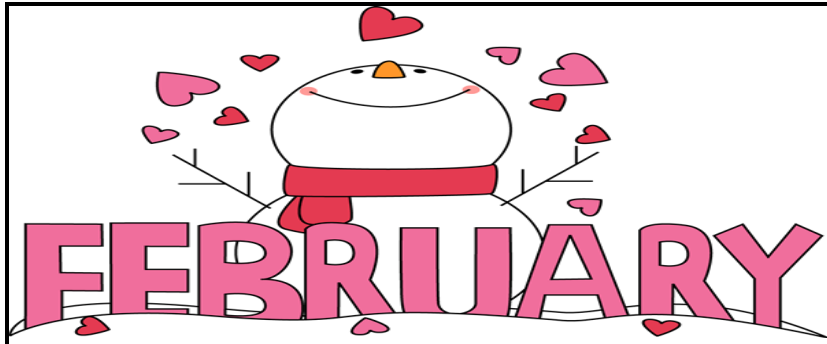
Tuesday

Wednesday

Thursday

Friday

Saturday



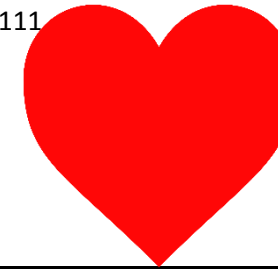
Country Manor Memory Care

900 West 46th Street Davenport IA 52806 Phone: 563-391-1111

www.countrymanormc.com



Red: Management led activities
Black: Resident Assistant Led
Blue: Family/Staff Awareness



					<p>8:00 Breakfast ~ Helping Hands 9:00 All Dolled Up 9:00-12:00 Manicure & Nail Care 10:30 Live 2B Healthy Fitness Class 12:00 Lunch ~ Helping Hands 2:00 Guess Who? 3:30 Snack & Chat 4:00 Table Task of Choice 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time Groups/TV</p>	<p>8:00 Breakfast ~ Helping Hands 9:00 All Dolled Up 10:30 Sing-a-long 12:00 Lunch ~ Helping Hands 2:00 Cards 3:30 Snack & Chat 4:00 Table Task of Choice 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time Groups/TV</p>
<p>3 8:00 Breakfast ~ Helping Hands 9:00 All Dolled Up 10:30 Balloon Ball 12:00 Lunch ~ Helping Hands 2:00 Trivia 3:30 Snack & Chat 4:00 Table Task of Choice 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time Groups/TV</p>	<p>4 8:00 Breakfast ~ Helping Hands 9:00 All Dolled Up 9:00 Music Therapy with Laura 10:30 Live 2B Healthy Fitness Class 12:00 Lunch ~ Helping Hands 2:00 Valentine Roll and Cover 3:30 Snack & Chat 4:00 Table Task of Choice 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time Groups/TV</p>	<p>5 8:00 Breakfast ~ Helping Hands 9:00 All Dolled Up 10:30 Sing-a-long 12:00 Lunch ~ Helping Hands 1:00 Resident Council 2:00 Valentine's Day Craft 3:30 Snack & Chat 4:00 Table Task of Choice 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time Groups/TV</p>	<p>6 8:00 Breakfast ~ Helping Hands 9:00 All Dolled Up 10:30 Live 2B Healthy Fitness Class 12:00 Lunch ~ Helping Hands 1:30 My Achy Feet 2:00 Music with Piano Man Troy 3:30 Snack & Chat 4:00 Table Task of Choice 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time Groups/TV</p>	<p>7 8:00 Breakfast ~ Helping Hands 9:00 All Dolled Up 10:30 Painting Rocks 12:00 Lunch ~ Helping Hands 3:15 Music Therapy with Laura 3:30 Snack & Chat 4:00 Table Task of Choice 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time Groups/TV</p>	<p>8 8:00 Breakfast ~ Helping Hands 9:00 All Dolled Up 9:00-12:00 Manicure & Nail Care 10:30 Live 2B Healthy Fitness Class 12:00 Lunch ~ Helping Hands 1:30 Staff Inservice 2:00 Movie Matinee & Popcorn 3:30 Snack & Chat 4:00 Table Task of Choice 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time Groups/TV</p>	<p>9 8:00 Breakfast ~ Helping Hands 9:00 All Dolled Up 10:30 Basketball Toss 12:00 Lunch ~ Helping Hands 2:00 Puzzles 3:30 Snack & Chat 4:00 Table Task of Choice 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time Groups/TV</p>
<p>10 8:00 Breakfast ~ Helping Hands 9:00 All Dolled Up 10:30 Bible Verses 12:00 Lunch ~ Helping Hands 2:00 Clip Coupons 3:30 Snack & Chat 4:00 Table Task of Choice 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time Groups/TV</p>	<p>11 8:00 Breakfast ~ Helping Hands 9:00 All Dolled Up 9:00 Music Therapy with Laura 10:30 Live 2B Healthy Fitness Class 12:00 Lunch ~ Helping Hands 3:30 Snack & Chat 4:00 Table Task of Choice 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time Groups/TV</p>	<p>12 8:00 Breakfast ~ Helping Hands 9:00 All Dolled Up 10:30 Activity Committee 12:00 Lunch ~ Helping Hands 1:00 Painting Class 3:30 Snack & Chat 4:00 Table Task of Choice 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time Groups/TV</p>	<p>13 8:00 Breakfast ~ Helping Hands 9:00 All Dolled Up 10:30 Live 2B Healthy Fitness Class 12:00 Lunch ~ Helping Hands 1:30 Country Store Open 3:30 Snack & Chat 4:00 Table Task of Choice 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time Groups/TV</p>	<p>14 8:00 Breakfast ~ Helping Hands 9:00 All Dolled Up 10:30 Paul's Tunes 12:00 Lunch ~ Helping Hands Valentine's Day Lunch 3:15 Music Therapy with Laura 3:30 Snack & Chat 4:00 Table Task of Choice 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time Groups/TV</p>	<p>15 8:00 Breakfast ~ Helping Hands 9:00 All Dolled Up 9:00-12:00 Manicure & Nail Care 10:30 Live 2B Healthy Fitness Class 12:00 Lunch ~ Helping Hands 2:00 Busy Bags 3:30 Snack & Chat 4:00 Table Task of Choice 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time Groups/TV</p>	<p>16 8:00 Breakfast ~ Helping Hands 9:00 All Dolled Up 10:30 Balloon Ball Toss 12:00 Lunch ~ Helping Hands 2:00 Magazine Treasure Hunts 3:30 Snack & Chat 4:00 Table Task of Choice 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time Groups/TV</p>
<p>17 8:00 Breakfast ~ Helping Hands 9:00 All Dolled Up 10:30 Daily Devotions 12:00 Lunch ~ Helping Hands 2:00 Cards 3:30 Snack & Chat 4:00 Table Task of Choice 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time Groups/TV</p>	<p>18 8:00 Breakfast ~ Helping Hands 9:00 All Dolled Up 9:00 Music Therapy with Laura 10:30 Live 2B Healthy Fitness Class 12:00 Lunch ~ Helping Hands 1:30 Baking-Cherry Pie 3:30 Snack & Chat 4:00 Table Task of Choice 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time Groups/TV</p>	<p>19 8:00 Breakfast ~ Helping Hands 9:00 All Dolled Up 10:30 Balloon Ball Toss 12:00 Lunch ~ Helping Hands 2:00 Bingo 3:30 Snack & Chat 4:00 Table Task of Choice 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time Groups/TV</p>	<p>20 8:00 Breakfast ~ Helping Hands 9:00 All Dolled Up 10:30 Live 2B Healthy Fitness Class 12:00 Lunch ~ Helping Hands 2:00 Strawberry Floats 3:30 Snack & Chat 4:00 Table Task of Choice 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time Groups/TV</p>	<p>21 8:00 Breakfast ~ Helping Hands 9:00 All Dolled Up 10:00 Program for Veterans by special guest 12:00 Lunch ~ Helping Hands 3:15 Music Therapy with Laura 3:30 Snack & Chat 4:00 Table Task of Choice 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time Groups/TV</p>	<p>22 8:00 Breakfast ~ Helping Hands 9:00 All Dolled Up 9:00-12:00 Manicure & Nail Care 10:30 Live 2B Healthy Fitness Class 12:00 Lunch ~ Helping Hands 1:30 Staff Inservice 2:00 Movie Matinee & Popcorn 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time Groups/TV</p>	<p>23 8:00 Breakfast ~ Helping Hands 9:00 All Dolled Up 10:30 Coloring 12:00 Lunch ~ Helping Hands 2:00 Board Games 3:30 Snack & Chat 4:00 Table Task of Choice 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time Groups/TV</p>
<p>24 8:00 Breakfast ~ Helping Hands 9:00 All Dolled Up 12:00 Lunch ~ Helping Hands 2:00 Clip Coupons 3:30 Snack & Chat 4:00 Table Task of Choice 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time Groups/TV</p>	<p>25 8:00 Breakfast ~ Helping Hands 9:00 All Dolled Up 9:00 Music Therapy with Laura 10:30 Live 2B Healthy Fitness Class 12:00 Lunch ~ Helping Hands 4:00 Table Task of Choice 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time Groups/TV</p>	<p>26 8:00 Breakfast ~ Helping Hands 12:00 Lunch ~ Helping Hands 2:00 Bean Bag Toss 3:30 Snack & Chat 4:00 Table Task of Choice 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time Groups/TV</p>	<p>27 8:00 Breakfast ~ Helping Hands 9:00 All Dolled Up 10:30 Live 2B Healthy Fitness Class 12:00 Lunch ~ Helping Hands 3:30 Snack & Chat 4:00 Table Task of Choice 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time Groups/TV</p>	<p>28 8:00 Breakfast ~ Helping Hands 9:00 All Dolled Up 12:00 Lunch ~ Helping Hands 1:00 Resident Birthday Party 3:15 Music Therapy with Laura 3:30 Snack & Chat 4:00 Table Task of Choice 5:00 Supper ~ Helping Hands</p>		