

OCTOBER 2018

Country Manor Connection

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Celebrating October

Positive Attitude Month

Popcorn Poppin' Month

Massage Therapy Week

Columbus Day

October 8th

Boss's Day

October 16

Sweetest Day

October 20

All Hallows' Eve

October 31



Welcome October

"October gave a party; The leaves by hundreds came— The Chestnuts, Oaks, and Maples, And leaves of every name. The Sunshine spread a carpet, and everything was grand, Miss Weather led the dancing, Professor Wind the band."

Happy
Halloween

A large, glowing jack-o'-lantern with a carved face, positioned behind the text 'Happy Halloween'.

*Come join our "Monster Mash Social"
On Halloween at 2:00*

*We welcome everyone to wear a costume and
enjoy some treats with us!*



*We are also looking forward to handing candy
out to the neighborhood Trick-Or-Treaters.
Family are welcome to join us on Halloween
October 31st from 5:30-6:30*

The Activity Corner

Welcome October!

We welcome a new program this month.

- The first Thursday of every month at 10:30 Music Ministries with Scott and Annette. They come to share their mission of spreading the word of God through music and fellowship with others. We are excited to welcome a ministry program to our monthly calendar.
- On the 10th we have a new program, Music with Tony & Sheryl. Come and enjoy their music talents with us.
- On the 12th we are making Homemade Bread and Apple Butter for Apple Butter Making Day.
- We are looking forward to having volunteer groups assisting us with activities this month. We will be Decorating Pumpkins on the 14th with the volunteers from Wells Fargo.
- Also, we are playing The Luck Game on the 22nd with volunteers from The Pilot Club.
- For Halloween on the 31st we plan to have a Monster Mash Social at 2:00. We encourage everyone to wear a costume.
- That evening after supper at 5:30 we plan to take a few residents outside and pass candy out to the neighborhood trick-or-treater. We welcome families to come assist during Trick-or-Treat Night.



**Support Group
Meeting Monday
October 29, 2018**

4:45-5:45

Country Manor is excited to offer monthly support group meeting. Open to the public. These group meeting are offered help families find information on Dementia and Alzheimer's. Encouraging families to offer support to one another through discussions and guest speakers. All current families are welcome to attend. Any questions contact Lori 563-391-1111 with any questions.

Dare to Dream

Senior Housing our Management, are big believers of "red carpet" hospitality and focusing on making our residents dreams come true and always embracing every moment.

Dare to Dream is a way of making our resident's dreams come true!

It could be something a resident has always wanted to do, see or experience... maybe an opportunity to watch a sports game or see the their newest great great grandchild. We might be able to assist in making this dream come true!

We need suggestions!

Can you think of "a dream" a resident may want? Please jot down your ideas and put in the mail box labeled Life Enrichment, Teri White or contact Teri at 563-391-1111 with any questions.



What's a Frappe?



October 2nd is Frappe Day, and for many people this begs the question, "What is a frappe?" Denizens of America's northeast corner, known as New Englanders, know that a *frappe* is a milkshake blended with ice cream. But wait a minute—isn't a milkshake a blended drink made of milk, ice cream, and syrup? Not in New England. Up there, milkshakes don't include ice cream but only contain milk and syrup. To further confuse matters, travel to Rhode Island, where you'll likely find *cabinet* on the menu. A cabinet is a frappe uniquely made with coffee ice cream, coffee syrup, and milk. Why is this regional drink called a cabinet? One story suggests that soda jerks once kept coffee syrup in wooden cabinets behind the counter. Menus might also list *tonic floats*. In New England, tonic refers to most any carbonated beverage. Consider a tonic float similar to a root beer float, except you can substitute any flavor of tonic for the root beer and top it off with a scoop of ice cream.

**On Tuesday October 2nd at 2:00
Come try a Frappe and celebrate Frappe
Day with us!**

Volunteer Opportunities for October

Want to volunteer but not sure when we could use extra volunteer help? Here's a few activities we have planned, and any extra help would be beneficial.

- On the 4th we are making Fall Centerpieces for our dining room tables.
- The 9th we are painting Watercolor Leaf Prints. Any help during crafts would always be welcome.
- If you would like to lead Bingo or assist by helping residents that may need assistance during bingo. We have Bingo on the 1st, 8th and 30th.
- Also, we always welcome volunteer help during outings. This month we are planning a lunch outing on the 16th.

Do you have a special talent, hobby or interest you would like to share with us? Contact Teri 563-391-1111, with any suggestions or ideas.

“Creative Paintings with Teri” Was a Success! WOW! Everyone did a great job making Sunflowers!



Volunteer Opportunities Available at Country Manor



We would love to share your time and talents in anyway. Even a small amount of time can make a difference to our residents.

Contact Teri White at 391-1111 for more information on how you can become part of our volunteer family.

Can you help?

Do you have items you could donate? Here are some items we could use if you have or would like to purchase for our residents.

- Nail Care Items
- Items for the All Dolled Up hour such as Make-up, Hair Spray, Brushes, Curling Irons, Electric Razors, Perfume or Cologne
- 4 DVD Players
- 2 Bread Making Machines (Would like one for each building)



Good Friends Make Good Neighbors

You've learned first hand how Country Manor has impacted your loved one's life. We'd like you to pass the world along! If you know someone who would be a great fit at Country Manor, let us know!

Senior Housing Management wants to give you a \$1,000* rent credit!



This is Senior Housing way to say thank you for believing in Country Manor and making a difference in the lives of others.

We know your friend will thank you too!



For additional information, or to make a referral, please contact Lori Bader.

*In order to receive the \$1,000 rent credit, the referred resident must complete a full 30 days of residency



*Thank you Gloria Henricksen
For your presentation on
Hats, Hair & Wigs
We enjoyed the Show!*

October Birthdays

In astrology, Libras are those born between October 1–22.

Libras, symbolized by the scales, strive for balance, avoid conflict, and desire fairness for everyone. To achieve this, they are sociable, strategic, charming, and diplomatic. Those born between October 23–31 are Scorpios. Scorpios are passionate and

deep, qualities that help them counsel others in meaningful ways. Resourceful and determined, Scorpios make good managers.

October 5 – Chandra Lewis – Associate

October 14 – Bea Davis – Resident

October 14 – Carole Washburn – Resident

October 21 – Niva LuFalemana – Associate

October 22 – James Castrey – Resident

October 28 – Tamara Ramsey – Housekeeping

Assistant



Want to stay connected with Country Manor all the time?

Like us on



Facebook

Like us on Facebook to see photos of our most recent resident activities, updates at Country Manor, and social & educational events you can find us at in the community.

Do you want to receive the monthly newsletter by email?



If you or someone you know wants to be added, please contact Lori Bader.